



# PRaMS

Positive Recovery and Midwife Support

A service for women with complex needs.

Making recovery possible in pregnancy.

Supporting women, babies and families  
for a brighter future.

Why not come and see how we can support you through  
recovery during your pregnancy journey into a bright substance  
free future.

from 10am to 12pm on

10th September 

PRaMS group will be held at The Women's Centre, Silver Street,  
Halifax on a fortnightly basis, with a rolling programme of  
topics and discussion.

**Contact Us:**

Kim Walsh 07887 563708

Donna Kershaw 07783 246473



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