

Our commitment to you

- Every service user's voice will be heard.
- All service users will be supported in achieving their recovery goals.
- Calderdale Recovery Steps genuinely values diversity and will endeavour to meet individual needs.
- We understand that families play a vital part in an individual's recovery journey, and we aim to help support families in the process.
- At all times we will show discretion where possible around appointments and locations to meet your needs.
- There is NO cost involved in using Calderdale Recovery Steps.

CONTACT DETAILS

For further enquiries please use the SPOA (Single Point Of Access) contact number **01422 415550**

Calderdale Recovery Steps has three hubs based at the following addresses:

St. Johns House
2 St. Johns Lane
Halifax
HX1 2JD

Basement House
10 Carlton Street
Halifax
HX1 2AL

32 Burnley Road
Todmorden
OL14 5EZ

www.calderdalerecoverysteps.org.uk



 **Basement Project**

RECOVERYSTEPS
CALDERDALE

Drug & Alcohol Services

**DO YOU KNOW
SOMEBODY WHO
IS SUFFERING FROM
ALCOHOL OR DRUG
ADDICTION LIVING
IN CALDERDALE?**



WHAT IS CALDERDALE RECOVERY STEPS?

We are a partnership between 3 expert organisations:

DISC – providing a range of recovery treatment interventions

St. Martins Health Care CIC – providing prescribing and clinical support

The Basement Recovery Project – providing therapeutic recovery services

We work together to bring a holistic approach to helping individuals, their friends and families, who suffer from the consequences of alcohol and or drug misuse to change their lives around, free from the need or desire to use any mind altering substance.

WHAT WE DO

The overall aim of the service is to provide recovery, harm reduction and user involvement. We achieve this by delivering:

A recovery orientated, life changing drug and alcohol treatment system, bespoke to the needs of the individual.

A single, recovery focused, assessment process, with individual recovery planning and support with regular reviews.

A programme that contributes towards the development of a system which will offer individuals and families a choice of seamless, accessible and relevant services which enables them to work towards recovery.

Calderdale Recovery Steps allows you to be in control of your own journey. You have the option of receiving treatment and support in one of our local 'Recovery Hubs' in Halifax or Todmorden, or in your own GP Practice. You will be able to choose the best place for your treatment and journey to begin. We have a new Single Point Of Access (SPOA) telephone number that provides total support for current and potential service users, as well as a one-stop enquiry service.

The advisors are able to provide expert advice on issues effecting you, including how you can refer yourself or someone you know into the service, as well as being able to re-arrange appointments, sort out prescription issues, and provide information on issues including re-lapse prevention, harm reduction advice, housing issues, support groups, benefits advice and information, family support, and activities you can get involved in. They will also be able to sort out appointments to see specialist workers that can offer more support.

Our **Harm Reduction & Open Access** Team works with people delivering needle exchange, brief and extended interventions, support, and delivery of breakfast clubs. The team also deliver training to community and emergency services across Calderdale to ensure the message gets out about the service.

A new **Meet and Greet** function run by Peer Mentors and Volunteers engages and motivates people the first time they walk through the door, and provides support during an individual's treatment journeys.

The **Assessment & Navigation** programme will work with people for up to 16 week. This will engage people when they are ready for recovery and move them through at a rate that is suitable to them. This also includes access to our **Fast Track Recovery Programme** which will provide Rapid Detox and Aftercare support.